

Ethnomedicinal Plants Used by Santhal Community of India

Sujata Pradhan ^{1*}, J. N. Mohanty ^{1*} and S. Kumar ²

¹ Department of Botany, School of Applied Sciences, Centurion University of Technology and Management, Bhubaneswar 752050, India

² Biodiversity and Conservation Lab., Ambika Prasad Research Foundation, Cuttack 753015, India

*(e-mail: sujatapradhan.lect@gmail.com; jatindranath.mohanty@cutm.ac.in)

(Received: 30 December 2024; Accepted: 27 May 2025)

ABSTRACT

A lot of health problems are observed worldwide; among them, antimicrobial resistance (AMR) is more serious. Urgent formulations of antimicrobial agents from natural sources and Indigenous Traditional Knowledge (ITK) are needed. The ITK belongs to different tribal communities for their day-to-day traditional practices. Those communities are storehouses of traditional therapeutic values that need to be explored. Santhal, a tribal community in India and more developed has sound knowledge of forest foods, forest products, sustainable agriculture, and medicinal plants. They use the local plants as food, nutraceuticals, medicinal agents, and as a source of livelihood, which should be documented for the formulation of new antimicrobial agents to mitigate the global health problems. Therefore, in the present study, the Santhal community was selected and enumerated 120 medicinal plants along with their uses and local names used by them. The active constituents of 31 medicinal plants and their pharmacological activities are also documented. 34 nutraceuticals and 10 economically important plants were enumerated through a field survey and presented. Since less documentation is available on plants used by the Santhal community, the present study focuses on their medicinal uses, pharmacological activities, and their nutraceutical potential to provide sources of future medicinal foods and antimicrobial agents to cope with the global health problems.

Key words: antimicrobial resistance, medicinal agents, tribal communities

INTRODUCTION

Antimicrobial resistance (AMR) has become an area of concern and a threat to human health worldwide (Prestinaci et al., 2015). AMR occurs when pathogens resist or act against antibiotics, making the administered medications less effective. Resistance to antibiotics decreases the susceptibility of the medicines used in the therapy, operations, and prevention of infectious diseases (Adedeji, 2016; Cornaglia et al., 2004). However, in the current situation, antibiotics are highly misused. The lack of education and knowledge of medications in society is leading to deaths due to the irresponsible use (Bhat et al., 2023). The administered antibiotics act against all the good and bad bacteria in the human body and kill them; however, some bacteria survive and become resistant to these antibiotics (Muteeb et al., 2023). The mutant bacteria then multiply rapidly and cause more dangerous and incurable diseases. Human negligence and a deficit of knowledge are leading to the incompleteness of the prescription for the disease, which kills half the pathogens and leaves the other half to mutate and develop resistance against the antibiotics (Lobanovska and Pilla, 2017). Then, a time will come when no antibiotics available in the markets will work on the mutant pathogens (Abdallah, 2023). With developed recombinant DNA technology, better healthcare facilities, and the availability of low-cost medications, more multidrug-resistant pathogens are developing (Micoli et al., 2021). Complications or infections caused by

multidrug-resistant bacterial strains have no cure and eventually cause death of the patients, as no antibiotics can be administered to the patients that will work on them. Therefore, most of the mortality cases recorded in India are due to no proper working of antibiotics in the aftercare of any operation or other infections rather than any health disorder (Kumar et al., 2013; Salam et al., 2023).

Presently, the global community is slowly reverting to the traditional practices and using herbal medicines with fewer side effects (Shrivastava et al., 2015; Wanjohi et al., 2020). Observing the rich traditional ayurvedic systems of Indian culture, European scholars then started documenting the ethnobotanical and ethnomedicinal practices followed by the tribal people of India from the villagers, medicine experts, hakims, vaidyas, and ojas (Thomas et al., 2020). India has 75 Particularly Vulnerable Tribal Groups (PVTGs) and 705 Scheduled Tribes (STs) spread over 17 states and 1 union territory who have unique cultural and life practices, and rich traditional knowledge (Narain, 2022). The states of Madhya Pradesh, Chhattisgarh, Jharkhand, Odisha, Maharashtra, Gujarat, Rajasthan, Andhra Pradesh, West Bengal, and Karnataka are some of the tribal states of India (Pandey et al., 2022). The lack of proper healthcare facilities and easy availability of medicinal plants in the forests near them, traditional methods of treatment, and healing are the first treatment options among the tribal population (Ganesh et al., 2021). Santhal is one of the most populous tribal communities in India. They used to live as nomads but have now settled down in the

Chhotanagpur plateau (Dutta and Sinha, 2022). At the end of the 18th century, they migrated to the Santhal Paraganas of Bihar and they then came to Odisha. Now, they are found in Odisha, Jharkhand, West Bengal, Bihar, and Assam (Soren and Jamir, 2020). They usually stay close to forest areas and mostly depend on forest plants for primary healthcare systems. The traditional therapeutic knowledge of Santhal is very old and they use plants for treating various health problems, including microbial infections. Therefore, an attempt has been made to gather the ethnobotanical plants used by them from the literature and field survey. Several studies have documented the medicinal plants used by different tribes in India, like Ignacimuthu et al. (2006) reported the use of 60 ethnomedicinal plants by tribals of Madurai, Tamil Nadu. Similarly, Duraipandiyar et al. (2006) found that 18 plants used by the Paliyar tribe of Tamil Nadu exhibited antimicrobial activities. Jagtap et al. (2006) documented the use of 66 ethnomedicinal plants by the Korku tribe of Amravati district of Maharashtra. More recent studies have also contributed to the growing body of knowledge on medicinal plants used by indigenous communities. Thomas et al. (2014) reported the use of 34 plants by the Kuruma tribes of Kerala for various purposes. Laldingliani et al. (2022) recorded 93 ethno-medicinal plants used by the Mizo tribe of Mizoram. Mir et al. (2022) documented 109 ethnomedicinal plants used by ethnic groups in Jammu & Kashmir. Ralte et al. (2024) reported the use of 124 ethnomedicinal plants by indigenous communities of Mizoram. The present study on plants used by the Santhal community for the treatment of various health problems will be useful to provide a source of future antimicrobial agents and other life stuffs to fight against AMR and other health problems.

METHODOLOGY

A thorough review was conducted through a comprehensive survey of existing literature on the

ethnomedicinal plants used by the Santhal community, focusing on their traditional and pharmacological properties, along with reported bioactive compounds present in them. A range of databases including PubMed, Scopus, Web of Science, NCBI, etc., were searched using keywords such as “ethnomedicinal plants”, “Santhal”, “traditional practices”, “pharmacological potential”, “medicinal uses”, “bioactive compounds”, and “bioactivity”. Relevant books and articles were reviewed to gather information on the ethnomedicinal plants used by the Santhal community (Goel et al., 1984; Iyer, 1992; Singh, 2017; Das, 2018; Mandal et al., 2020). Field surveys were also carried out during 2023–2024 in Mayurbhanj district, Odisha, India to document the nutraceutical plants consumed by the Santhal community along with the economic values. Information was collected through interactions with Santhal people. The selected age group of informants was 35–60 years. 10 villages of Mayurbhanj were visited and 28 informants were interviewed. Prior information consent was taken orally after explanation of the objectives of the study. The plant species were identified by authors followed by flora books (Kumar et al., 2022). Photographs are taken and given in the manuscript.

MEDICINAL PLANTS USED BY THE SANTHAL COMMUNITY

Santhals are very close to nature and usually depend on nearby forest areas. They collect the leaves of Saal and Bhalia for making plates. They collect the leaves of *Andrographis paniculata* for making powder and use it against cough, cold, and malaria. They collect the root of *Abroma augustum*, *Aristolochia indica*, *Curculigo orchoides*, *Curcuma longa*, *Desmodium gangeticum*, etc. for different health problems (Figure 1. Details are listed in Table 1.

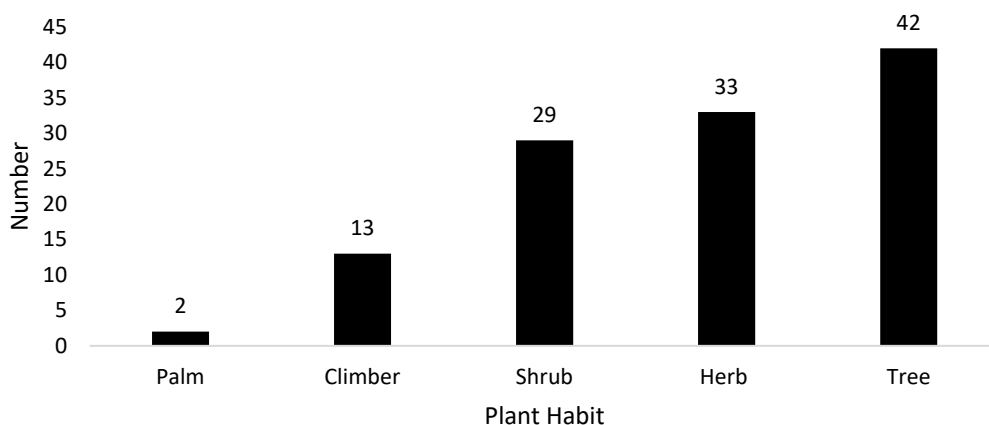


Fig. 1. Habit of the enumerated plants.

Table 1. Ethnomedicinal plants used by the Santhal community.

| Plant name (family) | Local name | Uses | References |
|--|-----------------------------------|---|--|
| <i>Abroma augustum</i> (L.) L.f. (Malvaceae) | Ulatkambal | Root extract is used to treat the menstrual disorder. | Mandal et al. (2020) |
| <i>Achyranthes aspera</i> L. (Amaranthaceae) | Cipcirap, kakra lata, kara lattha | Leaf paste is used to treat skin disease and fresh root decoction is used for abortion. Roots are used to treat cough, cold, asthma, and bronchitis. Plants are used for headaches. | Mandal et al. (2020) & Goel et al. (1984) |
| <i>Aegle marmelos</i> (L.) Corrêa (Rutaceae) (Figure 2e) | Singedaro | Fruit juice is taken orally to treat stomach problems and leaf paste is used to treat fever. | Hembrom and Kumar, (2017), Mandal et al. (2020) & Singh, (2017) |
| <i>Alangium salviifolium</i> (L.f.) Wangerin (Cornaceae) (Figure 2a) | Kumbri, dhela | The stem bark is used for abortion and the treatment of menstrual disorders. Fruit pulp is effective in controlling mucus and relieves constipation. | Goel et al. (1984) & Das, (2018) |
| <i>Allium cepa</i> L. (Amaryllidaceae) | Pyaz | Paste of the bulb is used in the treatment of joint pain. | Mandal et al. (2020) |
| <i>Allium sativum</i> L. (Amaryllidaceae) | Rasun | Juice made from the bulb is used in the treatment of ear problems. | Mandal et al. (2020) |
| <i>Aloe vera</i> (L.) Burm.f. (Asphodelaceae) | Ghritakumari | Paste prepared from the leaf used for skin care. | Mandal et al. (2020) |
| <i>Alstonia scholaris</i> (L.) R.Br. (Apocynaceae) | Chatni, chatta | Latex is massaged on the fractured bone. The stem bark is used to treat malaria and fevers. | Mandal et al. (2020) & Goel et al. (1984) |
| <i>Amaranthus viridis</i> L. (Amaranthaceae) | Gai gandhaori | The whole plant is crushed and applied to the snake bite area. | Mandal et al. (2020) |
| <i>Ananas comosus</i> (L.) Merr. (Bromeliaceae) | Anaros | The whitish thick basal portion of the leaf is made into a paste and consumed for the treatment of fever. | Mandal et al. (2020) |
| <i>Andrographis echinoides</i> (L.) Nees (Acanthaceae) | Kusumpuru | Plants are used as an antidote against snake bites and scorpion stings. | Goel et al. (1984) |
| <i>Andrographis paniculata</i> (Burm.f.) Wall. ex Nees (Acanthaceae) (Figure 2f) | Kalmegh | Leaf extract is taken orally for 3 days to cure stomach problems. Leaves are used as an antiseptic for sores and blood purifiers. | Mandal et al. (2020) & Goel et al. (1984) |
| <i>Annona reticulata</i> L. (Annonaceae) | Gom | Fruits are used to treat diarrhoea and dysentery. | Das, (2018) |
| <i>Annona squamosa</i> L. (Annonaceae) | Mandargom | Fruit is consumed for digestion. Seeds are used for abortion and the treatment of menstrual disorders. The thalamus is used for antifertility. Bark powder is used for wound healing. | Hembrom and Kumar, (2017), Mandal et al. (2020) & Goel et al. (1984) |
| <i>Areca catechu</i> L. (Arecaceae) | Berel gua | Nuts are chewed to treat dysentery. | Mandal et al. (2020) |
| <i>Aristolochia indica</i> L. (Aristolochiaceae) | Godh | Roots are used as an antidote against snake bites and scorpion stings. | Goel et al. (1984) |
| <i>Artemisia vulgaris</i> L. (Asteraceae) | Tite pati | It is used to treat nose bleeding, asthma, and nervous problems. | Mandal et al. (2020) |
| <i>Artocarpus heterophyllus</i> Lam. (Moraceae) | Kanthal | Latex is used to treat skin problems. | Mandal et al. (2020) |
| <i>Artocarpus lacucha</i> Buch.-Ham. (Moraceae) | Barhal | Fruits are good for the liver. | Das, (2018) |
| <i>Asparagus racemosus</i> Willd. (Asparagaceae) | Shatamul, surundu | Dried root extract is used to treat dysentery and urine disorders. Plants are used for headaches. Fresh tuber decoction is used for diabetes. | Mandal et al. (2020), Goel et al. (1984) & Singh, (2017) |
| <i>Atylosia scarabaeoides</i> (L.) Benth. (Fabaceae) | Birghore | Plants are used for treating gastric disorders. Leaves and stems are used for treating venereal diseases. | Goel et al. (1984) |
| <i>Azadirachta indica</i> A.Juss. (Meliaceae) (Figure 2j) | Neem | A regular bath is taken in warm neem water to treat itching problems. Leaves can be used for tumours. | Hembrom and Kumar, (2018) & Mandal et al. (2020) |
| <i>Baliospermum montanum</i> (Willd.) Müll.Arg. (Euphorbiaceae) | Danti | Seeds are used for treating gastric disorders, gout, and rheumatism. | Goel et al. (1984) |
| <i>Basella alba</i> L. (Basellaceae) | Purai nari | Leaf decoction is used in the treatment of diarrhoea. | Mandal et al. (2020) |
| <i>Bauhinia acuminata</i> L. (Fabaceae) | Seeara | Stem bark is used as an antidote against snake bites and scorpion stings. | Goel et al. (1984) |
| <i>Bombax ceiba</i> L. (Malvaceae) | Shimul | Juice made from the bark is used for excessive menstrual discharge. | Mandal et al. (2020) |
| <i>Borassus flabellifer</i> L. (Arecaceae) | Taal, tali | Juice of young leaves is mixed with water and given in cases of dysentery. Petioles are used for epilepsy and hysteria. | Mandal et al. (2020) & Goel et al. (1984) |
| <i>Bridelia squamosa</i> (Lam.) Gehrm. (Phyllanthaceae) | Henhahar | Stem bark is used to treat tuberculosis and as veterinary medicine. | Goel et al. (1984) |

| | | | |
|---|--------------------------------|--|--|
| <i>Bryophyllum pinnatum</i> (Lam.) Oken (Crassulaceae) | Pathorkuchi | A red-hot iron rod is dipped into the leaf juice and 2 teaspoons of juice is consumed orally thrice daily for a week in diuretic, muscle relaxant, tumor, abdominal pain, etc. | Mandal et al. (2020) |
| <i>Butea monosperma</i> (Lam.) Kuntze (Fabaceae) (Figure 2d) | Murut, marup | Seeds are ground into powder and one teaspoon of powder is mixed with half a cup of water and taken orally once a day on an empty stomach to treat intestinal worms. Roots are used to treat tuberculosis. | Mandal et al. (2020) & Goel et al. (1984) |
| <i>Cajanus cajan</i> (L.) Huth (Fabaceae) | Raher | Leaves extract is used in jaundice. | Mandal et al. (2020) |
| <i>Calotropis gigantea</i> (L.) W.T.Aiton (Apocynaceae) (Figure 2k) | Akana | Heated leaves with a layer of oil are used for heat treatment in fractured bones and rheumatism. | Hembrom and Kumar, (2018) & Mandal et al. (2020) |
| <i>Camellia sinensis</i> (L.) Kuntze (Theaceae) | Cha | Leaf decoction is given orally with sugar as a nerve stimulant. | Mandal et al. (2020) |
| <i>Cannabis sativa</i> L. (Cannabaceae) | Ganja | Leaf paste is used in bowel complaints. | Mandal et al. (2020) |
| <i>Carica papaya</i> L. (Caricaceae) | Papaya | Latex is used as a cleansing agent during menstruation and abortion. Leaf paste is used in bone fractures. | Mandal et al. (2020) |
| <i>Senna hirsuta</i> (L.) H.S.Irwin & Barneby (Fabaceae) | Kadadiri | Seeds are used in impotency and other sexual disorders. | Goel et al. (1984) |
| <i>Catharanthus roseus</i> (L.) G.Don (Apocynaceae) | Baromasia | Leaf decoction is used in the treatment of diabetes. | Mandal et al. (2020) |
| <i>Celosia cristata</i> L. (Amaranthaceae) | Kukruchubaha | Flower extract is used in dysentery. | Mandal et al. (2020) |
| <i>Centella asiatica</i> (L.) Urb. (Apiaceae) (Figure 2l) | Rote ara | A pinch of salt is added to the leaf extract and taken orally to cure dysentery. | Mandal et al. (2020) |
| <i>Citrus medica</i> L. (Rutaceae) | Jambir | Fruit juice is used to treat intestinal worms. | Mandal et al. (2020) |
| <i>Clerodendrum divaricatum</i> Jack (Lamiaceae) | Bhetkona | Leaves are used on cuts, wounds, and burns. | Goel et al. (1984) |
| <i>Clerodendrum viscosum</i> Vent. (Lamiaceae) | Bharni | Plants are used on cuts, wounds, and burns. Leaves are used for headaches. | Goel et al. (1984) |
| <i>Coccinia grandis</i> (L.) Voigt (Cucurbitaceae) (Figure 2m) | Kenduri | The leaves extract is used to treat hypertension and diabetes. | Mandal et al. (2020) |
| <i>Cochlospermum Gossypium</i> DC. (Bixaceae) | Hopu | The stem bark is used for jaundice treatment. | Goel et al. (1984) |
| <i>Cocos nucifera</i> L. (Arecaceae) | Narkol | The copra of the dry fruit is crushed to extract oil and used for ear pain. | Mandal et al. (2020) |
| <i>Colocasia esculenta</i> (L.) Schott (Araceae) | Kachu | Leaf and tuber curry is consumed with food to treat constipation. | Mandal et al. (2020) |
| <i>Curculigo orchioideis</i> Gaertn. (Hypoxidaceae) | Turum | Roots are used as an antidote against snake bites and scorpion stings. | Goel et al. (1984) |
| <i>Curcuma longa</i> L. (Zingiberaceae) | Shasang | Rhizome paste is used to treat cuts and wounds. | Mandal et al. (2020) |
| <i>Cuscuta reflexa</i> Decne. (Convolvulaceae) | Sornolota | Juice prepared from the stem is used to treat stomach problems. | Mandal et al. (2020) |
| <i>Cynodon dactylon</i> (L.) Pers. (Poaceae) | Dhubi ghas | Leaves are made into a paste by grinding them with teeth and used to stop bleeding. | Mandal et al. (2020) |
| <i>Cyperus rotundus</i> L. (Cyperaceae) | Mutheghas | Bulbs are used for treating gastric disorders. | Goel et al. (1984) |
| <i>Datura metel</i> L. (Solanaceae) | Dhutra | Leaves are made into a paste, warmed, and applied to the blister or abscess. Root or leaves are used for chest pain. | Hembrom and Kumar, (2018) & Mandal et al. (2020) |
| <i>Dendrophthoe falcata</i> (L.f.) Ettingsh. (Loranthaceae) (Figure 2b) | Mandargam banda, banda, bandia | Leaves and stems are used for antifertility and skin diseases. | Goel et al. (1984) & Iyer, (1992) |
| <i>Desmodium gangeticum</i> (L.) DC. (Fabaceae) | Chapot, chopot | Roots are used as an antidote against snake bites and scorpion stings. Plants are used to treat ophthalmic infections. | Goel et al. (1984) |
| <i>Desmodium microphyllum</i> (Thunb.) DC. (Fabaceae) | Chattoomara | Roots are used for abortion and the treatment of menstrual disorders. | Goel et al. (1984) |
| <i>Desmodium pulchellum</i> (L.) Benth. (Fabaceae) | Jeetedari | Stem bark is used for headaches. | Goel et al. (1984) |
| <i>Diospyros melanoxylon</i> Roxb. (Figure 2n) (Ebenaceae) | Terel | Fruits cure dysentery. A paste of unripe fruits is applied over the fractured bones for healing. Leaves are used for a cough. | Hembrom and Kumar, (2017) & Das, (2018) |
| <i>Diplocyclos palmatus</i> (L.) C.Jeffrey (Cucurbitaceae) | Kahu botke, kahubhutki | Leaf decoction is used in the treatment of stomach pain. Leaves are used to treat ophthalmic infections. | Mandal et al. (2020) & Goel et al. (1984) |
| <i>Elaeodendron glaucum</i> (Rottb.) Pers (Celastraceae) | Nimri | The stem bark is used for treating gastric disorders. | Goel et al. (1984) |

| | | | |
|--|--------------------------|---|--|
| <i>Elephantopus scaber</i> L. (Figure 2o) (Asteraceae) | Marachutta | Roots are used for abortion and the treatment of menstrual disorders. | Goel et al. (1984) |
| <i>Eleusine indica</i> (L.) Gaertn. (Poaceae) | Kharkosa | The root paste is used to treat vaginal diseases. | Mandal et al. (2020) |
| <i>Euphorbia hirta</i> L. (Euphorbiaceae) | Pusitola | Leaves are used as an antidote against snake bites and scorpion stings. Plant extract is used to treat skin diseases. | Goel et al. (1984) & Iyer, (1992) |
| <i>Evolvulus nummularius</i> (L.) L. (Convolvulaceae) | Sukrisure | Plants are used on cuts, wounds, and burns. | Goel et al. (1984) |
| <i>Ficus racemosa</i> L. (Moraceae) | Loa | Latex is mixed with water and taken orally to treat diarrhoea. It is also used to treat boils, blisters, and ulcers. The fruits are given for menorrhagia, bronchitis, dry cough, kidney diseases, urinary troubles, and diabetes. | Mandal et al. (2020) & Das, (2018) |
| <i>Flacourtia indica</i> (Burm.f.) Merr. (Salicaceae) | Serali | Fruits cure liver disorders. | Das, (2018) |
| <i>Gnaphalium luteoalbum</i> L. (Asteraceae) | Dudhumulu | Plants are used in mother and child health care. | Goel et al. (1984) |
| <i>Grewia obtusa</i> Wall. ex Dunn (Malvaceae) | Kuletaro | Plants are used for treating boils, blisters, and ulcers. | Goel et al. (1984) |
| <i>Hemidesmus indicus</i> (L.) R.Br. ex Schult. (Apocynaceae) | Dudhilota | Roots are used to treat skin diseases, impotency, and other sexual disorders. | Goel et al. (1984) & Iyer, (1992) |
| <i>Holoptelea integrifolia</i> (Roxb.) Planch. (Ulmaceae) | Chiroradari | The stem bark is used in hydrocele. | Goel et al. (1984) |
| <i>Hygrophila auriculata</i> (Schumach.) Heine (Acanthaceae) | Kulekhara | Freshly prepared leaf extract is used to treat anaemia. | Mandal et al. (2020) |
| <i>Indigofera cassioides</i> Rottler ex DC. (Fabaceae) | Gada phool | Plants are used for easy delivery and to promote contraception. | Goel et al. (1984) |
| <i>Indigofera linnaei</i> Ali (Fabaceae) | Tejomola | Roots are used for antifertility. Plants are used in veterinary medicine. | Goel et al. (1984) |
| <i>Justicia adhatoda</i> L. (Figure 2h) (Acanthaceae) | Harbakama, vasakdog | Leaf extract is taken orally to treat cough after keeping the extract in an iron pot for purification. Leaves are also used to treat colds, asthma, and bronchitis. The plant is used for treating venereal diseases. | Mandal et al. (2020) & Goel et al. (1984) |
| <i>Lagerstroemia speciosa</i> (L.) Pers. (Lythraceae) | Jarul | Bark extract is used as an astringent. | Mandal et al. (2020) |
| <i>Leonotis nepetifolia</i> (L.) R.Br. (Lamiaceae) | Dhompoo | Flowers and seeds are used on cuts, wounds, and burns. | Goel et al. (1984) |
| <i>Leucas aspera</i> (Willd.) Link (Lamiaceae) | Durfa | Leaves are crushed and mixed with a little salt and 2 drops of the juice are applied to the nose to treat headache problems. | Mandal et al. (2020) |
| <i>Mangifera indica</i> L. (Anacardiaceae) | Aam | The juice obtained from the crushed bark is taken orally for diarrhoea and applied to treat rheumatic pain. | Hembrom and Kumar, (2018) & Mandal et al. (2020) |
| <i>Mimosa rubicaulis</i> Lam. (Fabaceae) | Jhapnidari | Leaves are used for treating epilepsy and hysteria. | Goel et al. (1984) |
| <i>Momordica charantia</i> L. (Cucurbitaceae) | Karla | 5 teaspoons of leaf or fruit extract are taken orally once daily to prevent diabetes, stomach disorders, asthma, and anaemia. | Mandal et al. (2020) |
| <i>Moringa oleifera</i> Lam. (Moringaceae) | Chainma, munga, mungedog | Mature leaves are boiled and taken orally to treat high blood pressure. Tender leaves powder is used for scurvy and catarrhal diseases. Bark extract is used to treat epilepsy. The stem bark is used for treating baldness. Leaves are used in mother and child health care. | Hembrom and Kumar, (2017), Mandal et al. (2020) & Goel et al. (1984) |
| <i>Musa paradisiaca</i> L. (Musaceae) | Kayra | Sap obtained from the lower side of the stock is used for liver problems. | Mandal et al. (2020) |
| <i>Neolamarckia cadamba</i> (Roxb.) Bosser (Rubiaceae) | Kodom | Leaf decoction is used to treat mouth ulcers. Bark is used to treat cholera. | Hembrom and Kumar, (2018) & Mandal et al. (2020) |
| <i>Nicotiana tabacum</i> L. (Solanaceae) | Tamakur | Leaf decoction is given orally to the snake-bite patient. | Mandal et al. (2020) |
| <i>Ochna obtusata</i> DC. (Ochnaceae) | Champa | Roots are used for treating venereal diseases. | Goel et al. (1984) |
| <i>Ocimum tenuiflorum</i> L. (Lamiaceae) | Tulsi | The leaves extract is mixed with ginger paste and honey to treat a cough. | Mandal et al. (2020) |
| <i>Oroxylum indicum</i> (L.) Kurz (Bignoniaceae) | Banahata | Stem bark paste is taken orally in the morning on an empty stomach to treat | Mandal et al. (2020) & Singh, (2017) |

| | | | |
|---|------------------|--|---|
| | | jaundice. The bark is used for spleen enlargement. Seeds are used against snake bites and tender fruit is used for flatulence. | |
| <i>Oxalis corniculata</i> L. (Oxalidaceae) | Tandi chatam ara | Leaves are made into a paste and taken 2 teaspoons for 2-3 days for stomach ache or 10-12 days for gastric problems. Whole plant juice is used for curing skin diseases. | Mandal et al. (2020) & Iyer, (1992) |
| <i>Persicaria barbata</i> (L.) H.Hara (Polygonaceae) | Jiyeti | The leaf extract is taken orally to prevent pregnancy. | Mandal et al. (2020) |
| <i>Phyllanthus emblica</i> L. (Euphorbiaceae) | Merel | Decoction of dried fruit juice treats diarrhoea, dysentery, anaemia, and cystitis in women. Leaf decoction is used to treat fever. | Singh, (2017), Mandal et al. (2020) & Hembrom and Kumar, (2018) |
| <i>Piper betle</i> L. (Piperaceae) | Pan | Leaf juice is used externally for headaches. | Mandal et al. (2020) |
| <i>Piper longum</i> L. (Piperaceae) | Ralee | Fruit juice is used to treat dysentery and bark extract is used to reduce lethargy. | Mandal et al. (2020) |
| <i>Piper nigrum</i> L. (Piperaceae) | Golmirac | Dried fruit decoction is used to treat cough and dysentery. | Mandal et al. (2020) |
| <i>Premna latifolia</i> Thwaites (Lamiaceae) | Sitapan | Latex is used for treating boils, blisters, and ulcers. | Goel et al. (1984) |
| <i>Pterocarpus marsupium</i> Roxb. (Fabaceae) | Murga | Leaves are used to treat skin diseases. Heartwood infusion is used for diabetes, diarrhoea, and dysentery. | Goel et al. (1984), Iyer, (1992) & Singh, (2017) |
| <i>Pygmaeopremna herbacea</i> (Roxb.) Moldenke (Lamiaceae) | Borogiriha | Roots are used to treat rheumatism and gout. | Goel et al. (1984) |
| <i>Rauvolfia serpentina</i> (L.) Benth. ex Kurz (Apocynaceae) | Sarpagandha | Root paste is used to treat cuts and wounds and applied to snake bites. Decoction of the root is also used to treat fever, dysentery, and hypertension. | Mandal et al. (2020) & Singh, (2017) |
| <i>Ricinus communis</i> L. (Euphorbiaceae) | Eradom | Seed oil is applied on the belly to treat stomach aches. | Mandal et al. (2020) |
| <i>Rivea hypocrateriformis</i> (Desr.) Choisy (Convolvulaceae) | Kidura | Plants are used for treating toothaches and gum problems. | Goel et al. (1984) |
| <i>Scoparia dulcis</i> L. (Plantaginaceae) | Chini dare | The plant leaves are crushed and taken orally to treat blood dysentery. | Mandal et al. (2020) |
| <i>Semecarpus anacardium</i> L.f. (Anacardiaceae) | Soso | The red-orange part of the fruits is considered good for the female reproductive system. | Das, (2018) |
| <i>Senna sophora</i> Roxb. (Fabaceae) | Chakoda | Leaves' decoction is used as a laxative. | Mandal et al. (2020) |
| <i>Shorea robusta</i> C.F.Gaertn. (Figure 2i) (Dipterocarpaceae) | Sarjam | Young leaf paste is used to treat wounds. Resin is used to treat cystitis in women. | Hembrom and Kumar, (2018) & Mandal et al. (2020) |
| <i>Solanum khasianum</i> C.B.Clarke (Solanaceae) | Hanje | Fruits and roots are used to treat cough, cold, asthma, and bronchitis. | Goel et al. (1984) |
| <i>Solanum tuberosum</i> L. (Solanaceae) | Alu | Boiled tubers are taken with a little salt for stomach pain. | Mandal et al. (2020) |
| <i>Streblus asper</i> Lour. (Figure 2g) (Solanaceae) | Sahora | Used in toothache. | Mandal et al. (2020) |
| <i>Syzygium cumini</i> (L.) Skeels (Figure 2c) (Myrtaceae) | Kode dare, sokod | Juice is made from bark and taken orally for stomach aches and gastric problems. Decoction of the fruits and seeds is given to control diabetes and urinary troubles. | Hembrom and Kumar, (2017), Mandal et al. (2020) & Das, (2018) |
| <i>Tagetes erecta</i> L. (Asteraceae) | Kusumbibaha | The leaves extract is used to stop bleeding. | Mandal et al. (2020) |
| <i>Tamarindus indica</i> L. (Fabaceae) | Jojo dare | Fruit is used as a laxative. | Mandal et al. (2020) |
| <i>Taxillus tomentosus</i> (B.Heyne ex Roth) Tiegh. (Loranthaceae) | Guthibanda | Leaves are used to treat malaria and fevers. | Goel et al. (1984) |
| <i>Terminalia arjuna</i> (Roxb. ex DC.) Wight & Arn. (Combretaceae) | Kouha | Bathing with bark decoction reduces body pain and is used to treat leprosy. | Hembrom and Kumar, (2018) & Mandal et al. (2020) |
| <i>Terminalia bellirica</i> (Gaertn.) Roxb. (Combretaceae) | Boyra | Seeds are used to treat dysentery. Ripe dry fruits are used for diarrhoea, dropsy, headache, indigestion, and piles. The bark is used for anaemia and leukoderma. | Mandal et al. (2020) & Singh, (2017) |
| <i>Terminalia catappa</i> L. (Combretaceae) | Badam | The kernel of the fruits is eaten fresh to relieve constipation but high doses can cause diarrhoea. | Das, (2018) |
| <i>Thysanolaena maxima</i> (Roxb.) Kuntze (Poaceae) | Veerkungu | Roots are used in veterinary medicine. | Goel et al. (1984) |

| | | | |
|--|---------|--|----------------------|
| <i>Toona ciliata</i> M.Roem. (Meliaceae) | Tun | The stem bark is used for treating gastric disorders. | Goel et al. (1984) |
| <i>Vachellia nilotica</i> (L.) P.J.H.Hurter & Mabb. (Fabaceae) | Babla | Pods are used for the treatment of dysentery. | Mandal et al. (2020) |
| <i>Viscum articulatum</i> Burm.f. (Santalaceae) | Banda | Plants are used for the treatment of bone fractures. | Goel et al. (1984) |
| <i>Vitex negundo</i> L. (Lamiaceae) | Sinwari | Leaves are used to treat pains, swellings, and body aches. | Goel et al. (1984) |
| <i>Woodfordia fruticosa</i> (L.) Kurz (Lythraceae) | Iccha | Flowers are used for cooling effects. | Goel et al. (1984) |
| <i>Zingiber officinale</i> Roscoe (Zingiberaceae) | Ada | Rhizome paste is used to treat a cough. | Mandal et al. (2020) |
| <i>Ziziphus mauritiana</i> Lam. (Rhamnaceae) | Kul | Paste of seeds is good for leucorrhea. | Mandal et al. (2020) |



Fig. 2. Some common medicinal plants used by the Santhal community (a) *Alangium salviifolium*, (b) *Dendrophthoe falcata*, (c) *Syzygium cumini*, (d) *Butea monosperma*, (e) *Aegle marmelos*, (f) *Andrographis paniculata*, (g) *Streblus asper*, (h) *Justicia adhatoda*, (i) *Shorea robusta*, (j) *Azadirachta indica*, (k) *Calotropis gigantea*, (l) *Centella asiatica*, (m) *Coccinia grandis*, (n) *Diospyros melanoxylon*, (o) *Elephantopus scaber*.

BIOACTIVE COMPOUNDS AVAILABLE ON MEDICINAL PLANTS USED BY THE SANTHAL COMMUNITY

The reported bioactive compounds of selected medicinal plants used by the Santhal community of India have diverse therapeutic uses and some are discussed below. The most important bioactive compounds isolated like Achyranthine from

Achyranthes aspera, Allitridin from *Allium sativum*, Andrographolide from *Andrographis paniculata*, Asiaticosides from *Centella asiatica*, Azadirachtin from *Azadirachta indica*, Betulin from *Diospyros melanoxylon* and Deoxyelephantopin from *Elephantopus scaber* (Figure 3). Details are listed in Table 2.

Table 2. Important bioactive compounds in commonly used medicinal plants by the Santhal community.

| Secondary metabolites | Plants | Bioactivity | Source |
|---------------------------------------|--------------------------------|--|---|
| Achyranthine and Achyranthoside C | <i>Achyranthes aspera</i> | Cardiovascular activity | Ghimire et al. (2015) |
| Allitridin | <i>Allium sativum</i> | Anti-ulcer activity | Gupta et al. (2021) |
| Andrographolide | <i>Andrographis paniculata</i> | Antidiabetic activity | Bhatnagar (2023) |
| Aristolochic acid I | <i>Aristolochia indica</i> | Antitumour activity | Lerma-Herrera et al. (2022) |
| Asiaticosides | <i>Centella asiatica</i> | Wound-healing activity | Gupta et al. (2021) |
| Asperoside, indroside, and streblside | <i>Streblus asper</i> | Anti-diabetic activity | Chamariya et al. (2022) |
| Azadirachtin | <i>Azadirachta indica</i> | Antioxidant activity | Alzohairy, (2016) |
| Baicalein | <i>Oroxylum indicum</i> | Anti-tumour and anti-cancer activity | Salleh et al. (2020) |
| Betulin | <i>Diospyros melanoxylon</i> | Anti-diabetic activity | Al Rashid et al. (2018) |
| Bhilawanol and anacardic acid | <i>Semecarpus anacardium</i> | Anti-cancer, anti-bacterial and anti-inflammatory activity | Al Mughairbi et al. (2021) |
| Curcumin | <i>Curcuma longa</i> | Anti-inflammatory activity | Gupta et al. (2021) |
| Deoxyelephantopin | <i>Elephantopus scaber</i> | Anti-oxidant activity and anticancer activity | Wang et al. (2014); Hirdeve and Rangari, (2014) |
| Eugenol | <i>Ocimum tenuiflorum</i> | Anti-ulcerogenic property | Gupta et al. (2021) |
| Gangetin | <i>Desmodium gangeticum</i> | Anti-cancer activity | Joshi et al. (2023) |
| Hemidesmol | <i>Hemidesmus indicus</i> | Anti-cancer activity | Darshini et al. (2024) & Nandy et al. (2020) |
| Leucasperosides | <i>Leucas aspera</i> | Hepato-protective activity | Das et al. (2012) |
| Lycopene | <i>Carica papaya</i> | Anti-oxidant activity | Gupta et al. (2021) |
| Marsupsin & pterostilbene | <i>Pterocarpus marsupium</i> | Anti-diabetic activity | Ahmad et al. (2022) |
| Phyllantine | <i>Phyllanthus emblica</i> | Anti-oxidant activity | Gupta et al. (2021) |
| Piperine | <i>Piper nigrum</i> | Antihypertensive, anti-asthmatic, and anti-inflammatory activity | Ashokkumar et al. (2021) |
| Piperine | <i>Piper longum</i> | Anticancer and antioxidant activity | Carsono et al. (2022) |
| Quercetin | <i>Bauhinia acuminata</i> | Antimicrobial activity | Malek et al. (2024) |
| Racemosic acid | <i>Ficus racemosa</i> | Anti-fungal activity | Chaware et al. (2020) |
| Racemosides | <i>Asparagus racemosus</i> | Antioxidant activity | Negi et al. (2010) |
| Reserpine | <i>Rauvolfia serpentina</i> | Antihypertensive activity | Kumari et al. (2013) |
| Salviifosides | <i>Alangium salviifolium</i> | Anti-inflammatory activity | Panara et al., (2016) |
| Serpentine | <i>Rauvolfia serpentina</i> | Antipsychotic activity | Kumari et al. (2013) |
| Shogaol | <i>Zingiber officinale</i> | Anti-ulcer activity | Gupta et al. (2021) |
| Vasicine | <i>Justicia adhatoda</i> | Anti-inflammatory activity and antioxidant activity | Ahmad et al. (2009) & Narasimhaji et al. (2023) |
| Viridiflorol | <i>Vitex negundo</i> | Anti-inflammatory, antioxidant, and anti-mycobacterium tuberculosis activity | Garg et al. (2024) |
| Vitexin | <i>Butea monosperma</i> | Anti-inflammatory activity | Gupta et al. (2021) |

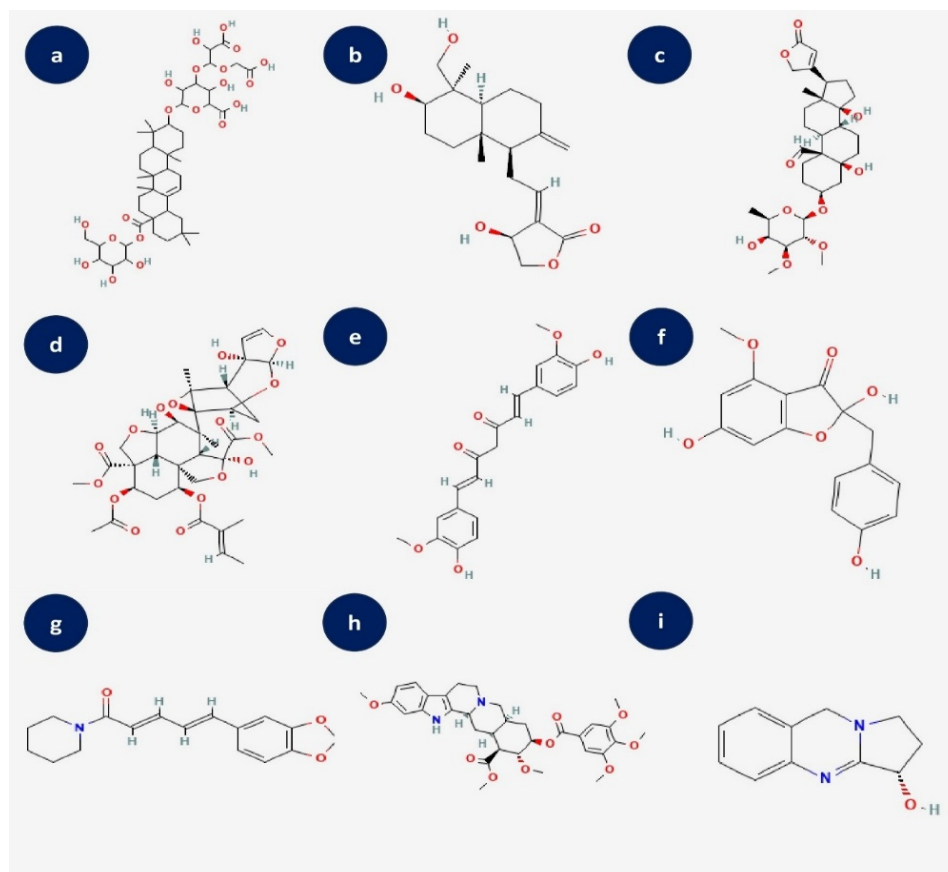


Fig. 3. Bioactive compounds present in the medicinal plants used by Santhal community (a) Achyranthoside C, (b) Andrographolide, (c) Strebloside, (d) Azadirachtin, (e) Curcumin, (f) Marsupsin, (g) Piperine, (h) Reserpine and (i) Vasicine (<https://pubmed.ncbi.nlm.nih.gov/> (accessed on 28 December 2024)).

NUTRACEUTICALS USED BY THE SANTHAL COMMUNITY

Nutraceuticals are an important seasonal food of the Santhal community throughout their inhabitant areas. They usually consume the fruits of *Aegle marmelos*, *Alangium salviifolium*, *Annona reticulata*, *Annona squamosa*, *Antidesma acidum*, *Antidesma buniis*, *Artocarpus heterophyllus*, *Artocarpus lacucha*, *Baccaurea ramiflora*, *Bridelia retusa*, *Buchanania lanzan*, *Myena spinosa*, *Cordia dichotoma*, *Dillenia pentagyna*, *Diospyros malabarica*, *Diospyros melanoxylon*, *Ficus benghalensis*, *Flacourtia indica*, *Flacourtia jangomas*, etc. They also consume the leafy nutraceuticals like *Achyranthes aspera*, *Aerva lanata*, *Amaranthus spinosus*, *Amaranthus viridis*, *Alternanthera sessilis*, *Azadirachta indica*, *Bacopa monieri*, *Centella asiatica*, *Bauhinia purpurea*, *Begonia picta*, etc. The most common tuberous nutraceuticals consumed by the Santhal community are *Amorphophallus paeoniifolius*, *Dioscorea bulbifera*, *Dioscorea pubera*, *Dioscorea wallichii*, *Dioscorea hispida* and *Solena amplexicaulis*. These plant parts have a lot of nutraceutical and pharmacological potential, which should be explored scientifically.

UNEXPLORED MEDICINAL FOOD CONSUMED BY THE SANTHAL COMMUNITY

A Santhal community has very good knowledge about the therapeutic agents, they also use such plants which are not been explored. During the fieldwork for this review, the authors found some plants with very less or no reports. These plants are most important in the contemporary situation where the world faces AMR and drug failure. The enumerated unexplored plants are *Zanthoxylum rhetsa*, *Vitex leucoxylin*, *Symplocos cochinchinensis*, *Styrax serrulatum*, *Solanea sterculiacea*, *Prunus pygeoides*, *Phoebe wightii*, *Ocotea lancifolia*, *Meliosma simplicifolia* and *Maytenus bailadillana*.

ECONOMIC VALUES OF MEDICINAL PLANTS USED BY SANTHALS

Local medicinal plants collected by the Santhal community also have economic value. They collect medicinal plants like *Andrographis paniculata*, *Asparagus racemosus*, *Cissampelos pareira*, *Centella asiatica*, *Myena spinosa*, *Antidesma buniis*, *Syzygium cumini*, *Schleichera oleosa* and *Diospyros melanoxylon* and used to sell them in local markets. Sometimes, they also collect seeds of *Bauhinia vahlii*, and their stem bark to sell in tribal weekly markets.

CONCLUSIONS

The Santhal community has sound traditional therapeutic knowledge on plants and their food, medicinal and economic uses. In present study, 120 medicinal, 34 nutraceutical and 10 economically important plants are presented, commonly used by Santhal community, highlighting the importance of providing food, medicines and livelihood. These plants can be used for value addition for sustainable development and conservation of plants for the bioresources of the study areas.

CONFLICTS OF INTEREST

The authors declare no conflict of interest.

REFERENCES

- Abdallah, E. M., Alhatlani, B. Y., Menezes, R. P. and Martins, C. H. G. (2023). Back to nature: medicinal plants as promising sources for antibacterial drugs in the post-antibiotic era. *Plants* **12**: 3077. <https://doi.org/10.3390/plants12173077>.
- Adedeji, W. A. (2016). The treasure called antibiotics. *Ann. Ib. Postgrad. Med.* **14**: 56–57.
- Ahmad, A., Ahmad, N., Anis, M., Faisal, M., Alatar, A. A., Abdel-Salam, E. M., Meena, R. P. and Sivanesan, I. (2022). Biotechnological advances in pharmacognosy and in vitro manipulation of *Pterocarpus marsupium* Roxb. *Plants* **11**: 247. <https://doi.org/10.3390/plants111030247>.
- Ahmad, S., Garg, M., Ali, M., Singh, M., Athar, M. T. and Ansari, S. H. (2009). A phyto-pharmacological overview on *Adhatoda zeylanica* Medic. Syn. *A. vasica* (Linn.) Nees. *Nat. Prod. Radiance* **8**: 549–554.
- Al Mughairbi, F., Nawaz, R., Khan, F., Hassan, A., Mahmmod, N., Ahmed, H. T., Alshamali, A., Ahmed, S. and Bashir, A. (2021). Neuroprotective effects of bhilawanol and anacardic acid during glutamate-induced neurotoxicity. *Saudi Pharm. J.* **29**: 1043–1049. <https://doi.org/10.1016/j.jsps.2021.07.011>.
- Al Rashid, M. H., Majumder, S., Mandal, V., Mandal, S. C. and Thandavarayan, R. A. (2018). In search of suitable extraction technique for large scale commercial production of bioactive fraction for the treatment of diabetes: the case *Diospyros melanoxylon* Roxb. *J. Trad. Comp. Med.* **9**: 106–118. <https://doi.org/10.1016/j.jtcme.2017.11.003>.
- Alzohairy, M. A. (2016). Therapeutics role of *Azadirachta indica* (neem) and their active constituents in diseases prevention and treatment. *Evid. Based Complement. Alternat. Med.* **2016**: 7382506. <https://doi.org/10.1155/2016/7382506>.
- Ashokkumar, K., Murugan, M., Dhanya, M. K., Pandian, A. and Warkentin, T. D. (2021). Phytochemistry and therapeutic potential of black pepper [*Piper nigrum* (L.)] essential oil and piperine: A review. *Clin. Phytosci.* **7**: 52. <https://doi.org/10.1186/s40816-021-00292-2>.
- Bhat, M. J., Al-Qahtani, M., Badawi, A. S., Asiri, G. B., Alhmare, A. M., Rashid, A., Altalhiyyah, K. S. and Alwimny, A. A. (2023). Awareness and knowledge of antibiotic resistance and risks of self-medication with antibiotics among the Aseer region population, Saudi Arabia, 2023. *Cureus* **15**: e40762. <https://doi.org/10.7759/cureus.40762>.
- Bhatnagar, A. (2023). Chemical constituents of *Andrographis paniculata* (Burm. F) Nees: A review. *Int. J. Pharm. Sci. Res.* **14**: 3238–3245.
- Carsono, N., Tumilaar, S. G., Kurnia, D., Latipudin, D. and Satari, M. H. (2022). A review of bioactive compounds and antioxidant activity properties of *Piper* species. *Molecules* **27**: 6774. <https://doi.org/10.3390/molecules27196774>.
- Chamariya, R., Raheja, R., Suvarna, V. and Bhandare, R. (2022). A critical review on phytopharmacology, spectral and computational analysis of phytoconstituents from *Streblus asper* Lour. *Phytomed. Plus.* **2**: 100177. <https://doi.org/10.1016/j.phyplu.2021.100177>.
- Chaware, G. K., Kumar, V., Kumar, S. and Kumar, P. (2020). Bioactive compounds, pharmacological activity and food application of *Ficus racemosa*: a critical review. *Int. J. Fruit Sci.* **20**: S969–S986. <https://doi.org/10.1080/15538362.2020.1774467>.
- Cornaglia, G., Hryniewicz, W., Jarlier, V., Kahlmeter, G., Mittermayer, H., Stratchounski, L. and Baquero, F. (2004). European recommendations for antimicrobial resistance surveillance. *Clin. Microbiol. Infect.* **10**: 349–383.
- Darshini, M. D., Sreelakshmi, M. S., Adithya, J., Aryaputhri, N. S., Lakshmi, P. K. and Nath, L. R. (2024). A systematic analysis of the ethnopharmacological relevance of an Indian traditional plant, *Hemidesmus indicus* (L.) R.Br. for the past 10 years. *J. Appl. Pharm. Sci.* **14**: 37–44. <https://doi.org/10.7324/JAPS.2024.159652>.
- Das, A. (2018). Ethnobotanical uses of wild fruits of Santal Parganas (Jharkhand). *Int. J. Minor Fruits, Med. and Arom. Plants* **4**: 31–38.
- Das, S. N., Patro, V. J. and Dinda, S. C. (2012). A review: ethnobotanical survey of genus *Leucas*. *Phcog Rev.* **6**: 100–106. <https://doi.org/10.4103/0973-7847.99943>.
- Duraipandiyar, V., Ayyanar, M. and Ignacimuthu, S. (2006). Antimicrobial activity of some ethnomedicinal plants used by Paliyar tribe from Tamil Nadu, India. *BMC Complement. Altern. Med.* **6**: 35. <https://doi.org/10.1186/1472-6882-6-35>.
- Dutta, S. and Sinha, S. (2022). Territorial identity and boundary negotiations among santhals. *Environ. Plann. C: Politics Space.* **41**: 199–217. <https://doi.org/10.1177/23996544221124963>.
- Ganesh, B., Rajakumar, T., Acharya, S. K., Vasumathy, S., Sowmya, S. and Kaur, H. (2021). Particularly vulnerable tribal groups of Tamil Nadu, India: A sociocultural anthropological review. *Indian J. Public Health.* **65**: 403–409.
- Garg, G., Bharadwaj, S., Chaudhary, S. and Gupta, V. (2024). Chemical profiling of bioactive compounds in the methanolic extract of wild leaf and callus of *Vitex negundo* using gas chromatography-mass spectrometry. *World J. Exp. Med.* **14**: 88064. <https://doi.org/10.5493/wjem.v14.i1.88064>.
- Ghimire, K., Banerjee, J., Gupta, A. K. and Dahal, P. (2015). Phytochemical constituents and pharmacological uses of medicinal plant *Achyranthes aspera*: a review. *World J. Pharm. Res.* **4**: 470–489.
- Goel, A. K., Sahoo, A. K. and Mudgal, V. (1984). *A contribution to the ethnobotany of Santal Pargana*. (pp. 1–37). Department of Environment, Botanical Survey of India. Howrah: Government of India.

- Gupta, M., Kappor, B., Gupta, R. and Singh, N. (2021). Plants and phytochemicals for treatment of peptic ulcer: An overview. *S. Afr. J. Bot.* **138**: 105–114. <https://doi.org/10.1016/j.sajb.2020.11.030>.
- Hembrom, S. K. and Kumar, J. (2017). Ethnomedicinal plant of santhal communities at some villages of Sahibganj district in Jharkhand, India. *Biospectra* **12**: 45–50.
- Hembrom, S. K. and Kumar, J. (2018). Ethnomedicinal plants used in the villages of Rajmahal hills of district Sahibganj by santhal tribes. *Biospectra* **13**: 71–76.
- Hiradeve, S. M. and Rangari, V. D. (2014). *Elephantopus scaber* Linn.: a review on its ethnomedical, phytochemical and pharmacological profile. *J. Appl. Biomed.* **12**: 49–61. <https://dx.doi.org/10.1016/j.jab.2014.01.008>.
- Ignacimuthu, S., Ayyanar, M. and Sivaraman, K. S. (2006). Ethnobotanical investigations among tribes in Madurai District of Tamil Nadu (India). *J. Ethnobiol. Ethnomed.* **2**: 25. <https://doi.org/10.1186/1746-4269-2-25>.
- Iyer, S. R. (1992). Ethnobotany of certain medicinal plants used by tribals of India against skin infections. *Anc. Sci. Life.* **11**: 143–152.
- Jagtap, S. D., Deokule, S. S. and Bhosle, S. V. (2006). Some unique ethnomedicinal uses of plants used by the Korku tribe of Amravati district of Maharashtra, India. *J. Ethnopharmacol.* **107**: 463–469.
- Joshi, B. R., Hakim, M. M. and Patel, I. C. (2023). The biological active compounds and biological activities of *Desmodium* species from Indian region: A review. *Beni-Suef Univ. J. Basic Appl. Sci.* **12**: 1. <https://doi.org/10.1186/s43088-022-00339-4>.
- Kumar, S. G., Adithan, C., Harish, B. N., Sujatha, S., Roy, G. and Malini, A. (2013). Antimicrobial resistance in India: a review. *J. Nat. Sci. Biol. Med.* **4**: 286–291.
- Kumari, R., Rathi, B., Rani, A. and Bhatnagar, S. (2013). *Rauvolfia serpentina* L. Benth. ex Kurz.: phytochemical, pharmacological and therapeutic aspects. *Int. J. Pharm. Sci. Rev. Res.* **23**: 348–355.
- Kumar, S., Mishra, S., Mishra, A.K. and Kumar, S.N. (2022). Floral diversity of Koira & Barsuan ranges of Bonai Forest Division, Odisha. Bonai Forest Division & Ambika Prasad Research Foundation, Odisha, India.
- Laldingliani, T. B. C., Thangjam, N. M., Zomuanawma, R., Bawitlung, L., Pal, A. and Kumar, A. (2022). Ethnomedicinal study of medicinal plants used by Mizo tribes in Champhai district of Mizoram, India. *J. Ethnobiol. Ethnomed.* **18**: 22. <https://doi.org/10.1186/s13002-022-00520-0>.
- Lerma-Herrera, M. A., Beiza-Granados, L., Ochoa-Zarzosa, A., Lopez-Meza, J. E., Navarro-Santos, P., Herrera-Bucio, R., Avina-Verduzco, J. and Garcia-Gutierrez, H. A. (2022). Biological activities of organic extracts of the genus *Aristolochia*: A review from 2005 to 2021. *Molecules* **27**: 3937. <https://doi.org/10.3390/molecules27123937>.
- Lobanovska, M. and Pilla, G. (2017). Penicillin's discovery and antibiotic resistance: Lessons for the future? *Yale J. Biol. Med.* **90**: 135–145.
- Malek, A., Mostafa, K., Rahman, S. and Hossain, S. (2024). Evaluation of antimicrobial, thrombolytic and cytotoxic activities of ethanol flower extract of *Bauhinia acuminata*. *Int. J. Basic Clin. Pharmacol.* **13**: 191–197.
- Mandal, A., Adhikary, T., Chakraborty, D., Roy, P., Saha, J., Barman, A. and Saha, P. (2020). Ethnomedicinal uses of plants by Santal tribe of Alipurduar district, West Bengal, India. *Ind. J. Sci. Technol.* **13**: 2021–2029. <https://doi.org/10.17485/IJST/v13i20.565>.
- Micoli, F., Bagnoli, F., Rappuoli, R. and Serruto, D. (2021). The role of vaccines in combatting antimicrobial resistance. *Nat. Rev. Microbiol.* **19**: 287–302. <https://doi.org/10.1038/s41579-020-00506-3>.
- Mir, T.A., Jan, M., Jan, H. A., Bussmann, R. W., Sisto, F. and Fadlalla, I. M. T. (2022). A Cross-Cultural Analysis of Medicinal Plant Utilization among the Four Ethnic Communities in Northern Regions of Jammu and Kashmir, India. *Biology* **11**: 1578. <https://doi.org/10.3390/biology11111578>.
- Muteeb, G., Rehman, M. T., Shahwan, M. and Aatif, M. (2023). Origin of antibiotics and antibiotic resistance, and their impacts on drug development: a narrative review. *Pharm.* **16**: 1615. <https://doi.org/10.3390/ph16111615>.
- Nandy, S., Mukherjee, A., Pandey, D. K., Ray, P. and Dey, A. (2020). Indian sarsaparilla (*Hemidesmus indicus*): recent progress in research on ethnobotany, phytochemistry and pharmacology. *J. Ethnopharmacol.* **254**: 112609. <https://doi.org/10.1016/j.jep.2020.112609>.
- Narain, J.P. (2022). India at 75: transforming the health of tribal populations through evidence-based policymaking. *Indian J. Med. Res.* **156**: 174–178. https://doi.org/10.4103/ijmr.ijmr_1988_22.
- Narasimhaji, C. V., Kumar, V., Shanmugam, M., Singh, R., Singh, A., Marimuthu, G., Raju, I., Srikanth, N. and Acharya, R. (2023). *Justicia adhatoda* L. vasicin and vasicinone as bioactive phytochemical compounds: isolation, characterization, and computational studies. *Results Chem.* **6**: 101127. <https://doi.org/10.1016/j.rechem.2023.101127>.
- Negi, J. S., Singh, P., Joshi, G. P., Rawat, M. S. and Bisht, V. K. (2010). Chemical constituents of *Asparagus*. *Phcog. Rev.* **4**: 215–220. <https://doi.org/10.4103/0973-7847.70921>.
- Panara, K., Singh, P. K., Rawat, P., Kumar, V., Maruf, M., Patel, K., Ravikumar, R. K. and Kumar, V. (2016). Importance of *Alangium salviifolium* and its pharmacological update. *Eur. J. Med. Plants.* **12**: 1–15.
- Pandey, A., Kaur, H., Karra, V. K., Mutatkar, R. K. and Khan, A. M. (2022). Assessing engagement of scheduled tribe communities in the functioning of Village Health Sanitation & Nutrition Committees in India. *Ind. J. Med. Res.* **156**: 312–318. https://doi.org/10.4103/ijmr.ijmr_3344_21.
- Prestinaci, F., Pezzotti, P. and Pantosti, A. (2015). Antimicrobial resistance: a global multifaceted phenomenon. *Pathog. Glob. Health.* **109**: 309–318. <https://doi.org/10.1179/2047773215Y.0000000030>.
- Ralte, L., Sailo, H. and Singh, Y. T. (2024). Ethnobotanical study of medicinal plants used by the indigenous community of the western region of Mizoram, India. *J. Ethnobiol. Ethnomed.* **20**: 2. <https://doi.org/10.1186/s13002-023-00642-z>.
- Salam, M. A., Al-Amin, M. Y., Salam, M. T., Pawar, J. S., Akhter, N., Rabaan, A. A. and Alqumber, A. A. (2023). Antimicrobial resistance: a growing serious threat for global public health. *Healthcare* **11**: 1946. <https://doi.org/10.3390/healthcare11131946>.
- Salleh, N. N. H. N., Othman, F. A., Kamarudin, N. A. and Tan, S. C. (2020). The biological activities and therapeutic potentials of baicalein extracted from *Oroxylum indicum*: a systematic review. *Molecules* **25**: 5677. <https://doi.org/10.3390/molecules25235677>.

- Shrivastava, S. R., Shrivastava, P. S. and Ramasamy, J. (2015). Mainstreaming of Ayurveda, Yoga, Naturopathy, Unani, Siddha, and Homeopathy with the health care delivery system in India. *J. Tradit. Complement. Med.* **5**: 116–118. <https://doi.org/10.1016/j.jtcme.2014.11.002>.
- Singh, C. B. (2017). Rare and threatened medicinal plants of Santhal Pargana, Jharkhand. *J. Indian Bot. Soc.* **96**: 94–99.
- Soren, P. and Jamir, W. (2020). The Santhals: their culture and traditions. In: *Tripathy M. (2020). Trends in Sociology, Psychology and Anthropology.* (Volume 2, pp. 81–97). Delhi: AkiNik Publications.
- Thomas, B., Arumugam, R., Veerasamy, A. and Ramamoorthy, S. (2014). Ethnomedicinal plants used for the treatment of cuts and wounds by Kuruma tribes, Wayanadu districts of Kerala, India. *Asian Pac. J. Trop. Biomed.* **4**: S488–S491.
- Thomas, V., Nair, S. N. V., Ved, D. K. and Shankar, D. (2020). Controversial identities of medicinal plants in classical literature of Ayurveda. *J. Ayurveda Integr. Med.* **11**: 565–572.
- Wang, J., Li, P., Li, B., Guo, Z., Kennelly, E. J. and Long, C. (2014). Bioactivities of compounds from *Elephantopus scaber*, an ethnomedicinal plant from Southwest China. *Evid. Based Complement. Alternat. Med.* **2014**: 569594. <https://doi.org/10.1155/2014/569594>.
- Wanjohi, B. K., Sudoi, V., Njenga, E. W. and Kipkore. (2020). An ethnobotanical study of traditional knowledge and uses of medicinal wild plants among the Marakwet Community of Kenya. *Evid. Based Complement. Alternat. Med.* **2020**: 3208634. <https://doi.org/10.1155/2020/3208634>.